CONTENT, ARTS, SEL INTEGRATION

A Trifecta of Impact in The Classroom

Why Integrate SEL into Your Lessons?

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With such a focus on 21st Century Skills, its no wonder that Social Emotional Learning (SEL) learning has become one of the big buzz words over the past few years. With the academic rigor increasing in schools, being mindful of SEL learning is essential for student success. SEL skills may also be a bit intimidating to implement into traditional and arts integrated classroom lessons. What you may not realize, is that you are often implementing SEL learning within your lesson without even realizing it. During group projects, you focus on communication, cooperation, problem solving, and active listening. When ever you have an opinion writing piece, you focus on introspection and feelings. These are just two examples of may ways you naturally include SEL into your classroom. When your begin using SEL learning intentionally and with purpose within your arts integrated lessons, it allows for better peer relationships, better self awareness, and a better ability to regulate emotions!







Strategies for SEL Integration

Tableaux: Tableaux is a static scene of one or more non moving students. In literacy, tableaux can be used to share the motives, feelings, and actions of characters. Students can work in groups to create the setting of a story, or they can perform individually to create a specific character. In group tableaux, students work on cooperation, active listening, and creating. In both individual and group tableaux, students work on empathy, perspective taking, and considering the point of view from the character's perspective.

SEL Arts Integrated Group Projects:

These types of arts integrated projects also consider their ability to cooperate and communicate. Before a group project, have a conversation about the SEL goal (cooperation for example) and how the goal is to cooperate with kind listening, taking turns, speaking kindly, and respectfully disagreeing. After the project, have students do a written reflection on how they think the group cooperated, as well as how they think they cooperated as an individual. Share insights with the class on what worked and what the struggles were. Consider having conversations on what can be improved on during the next group project. Having these intentional SEL connections allows students to be more self aware, more aware of the group, and intentional in their focus to work collaboratively. It is amazing what can happen!

***Attached is a graphic organizer for SEL group project reflections

Creativity Is The Way I
Share My Soul With The
World
~Brene Brown



SEL Group Project Reflections

